

# Addison Central School District

## Comprehensive School Counseling/Guidance Plan

Grades K-12

### **Addison Central School District**

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Mr. Joseph DioGuardi	Superintendent
Mr. James Peiffer	Director of Curriculum & Instruction
Mrs. Georgia Weed	K-5 Principal
Mrs. Kris Benton	6-8 Principal
Ms. Allison Stephens	9-12 Principal
Mrs. Mary Clark	High School Counselor
	Pupil Personnel Services Curriculum
	Coordinator
Ms. Jill Winkky	High School Counselor
Ms. Mina Barron	K-5 School Counselor
Mrs. Allison VanSant	6-8 School Counselor
Miss Brittany White	K-5 School Social Worker
Mrs. Jana Reidy	6-12 Dean of Students
Miss Alisha Jack	K-5 Dean of Students

## School Counseling Advisory Council 2021-22

James Peiffer	Director of Curriculum and Instruction
Allison Stephens	Principal, Grades 9-12
Georgia Weed	Principal, Grades K-5
Deborah Flint	Board of Education
Kristina Hamilton	Elementary Teacher
Michelle Buchanan	Middle-High School Teacher
Mary Clark	School Counselor, Middle School
Allison VanSant	School Counselor, K-12
Brittany White	School Social Worker

## **Commissioner's Regulations**

The following are the Regulations of the Commissioner of Education pertaining to school counseling/guidance programs in elementary and secondary schools:

2) Comprehensive developmental school counseling/guidance programs. Beginning with the 2019-2020 school year, each school district shall have a comprehensive developmental school counseling/guidance program, for all students in kindergarten through grade 12. Each school district shall also ensure that all students in grades kindergarten through twelve have access to a certified school counselor(s), which for the city school district of the City of New York and the city school district of the City of Buffalo shall include a licensed guidance counselor(s) pursuant to Part 80 of the Commissioner's regulations.

(i) For all grades kindergarten through twelve, district and building level comprehensive developmental school counseling/guidance programs shall prepare students to participate effectively in their current and future educational programs as age appropriate, and be designed to address multiple student competencies including career/college readiness standards, and academic and social/emotional development standards. The comprehensive developmental school counseling/guidance program ("program") shall include the following activities or services:

(a) In grades kindergarten through five, the program shall be designed by a certified school counselor in coordination with the teaching staff, and any appropriate pupil personnel service providers, for the purpose of preparing students to participate effectively in their current and future educational programs, to provide information related to college and careers, and to assist students who may exhibit challenges to academic success, including but not limited to attendance or behavioral concerns, and where appropriate make a referral to a properly licensed professional and/or certified pupil personnel service provider, as appropriate, for more targeted supports.

(b) For students in grades six through twelve, certified school counselors shall provide an annual individual progress review plan, which shall reflect each student's educational progress and career plans. For a student with disability, the plan shall be consistent with the student's individualized education program;

(c) school counseling/guidance core curriculum instruction for the purpose of addressing student competencies related to career/college readiness, academic skills and social/emotional development by a certified school counselor(s);

(d) other direct student services which may include, but need not be limited to, responsive services, crisis response, group counseling, individual counseling, appraisal, assessment and

advisement, for the purpose of enabling students to benefit from the curriculum, assisting students to develop and implement postsecondary education and career plans, assisting students who exhibit attendance, academic, behavioral or adjustment concerns and encouraging parental involvement. Provided that nothing herein shall prohibit certified or licensed school psychologists or certified or licensed school social workers pursuant to Part 80 of the Commissioner's regulations from providing other direct student services within their applicable scope of practice;

(e) indirect student services which may include but need not be limited to, referrals to appropriately licensed or certified individuals, consultation, collaboration, leadership, advocacy, and teaming.

(ii) Each school district shall develop district-wide and building-level comprehensive developmental school counseling/guidance plans which set forth the manner in which the district shall comply with the requirements of this subdivision. In the case of the City School District of the City of New York, the Department of Education shall submit separate plans for each community school district, for the High School Division and for the Special Education Division. Such district and building level plans shall be developed by or under the direction of certified school counselor(s) and be updated annually, available for review at the district offices and each school building, and made available on the district's website.

(a) Each plan shall be developed annually and shall include program objectives, activities, program development and maintenance planning, school counseling curriculum, professional development planning, evaluation methods based on data analysis of program results and closing the gap analysis reports to inform program improvement, and assessment of the resources necessary to support positive student outcomes.

(b) Each plan shall also include the preparation of a program outcomes report that includes an analysis of all systematic components of a comprehensive developmental school counseling/guidance program as defined by this subdivision. Such report shall be annually presented to the board of education, or in the case of the City School District of the City of New York, the Chancellor of the City School District of the City of New York, or to the extent provided by law, the board of education of the City School District of the City of New York.

(iii) Each school district shall establish a comprehensive developmental school counseling/guidance program advisory council to be comprised of representative stakeholders (such as parents, members of the board of education, school building and/or district leaders, community-based service providers, teachers, certified school counselors and other pupil personnel service providers in the district including school social workers and/or school psychologists). In the case of the City School District of the City of New York, the Department of Education shall establish a comprehensive developmental school counseling/guidance program advisory council for each community school district. The advisory council shall meet no less than twice a year for the purpose of reviewing the comprehensive developmental school counseling/guidance program plan and advising on the implementation of the school counseling/guidance program. The advisory council shall create and submit an annual report to the board of education, or in the case of the City School District of the City of New York, the Chancellor of the City School District of the City of New York, or to the extent provided by law, the board of education of the City School District of the City of New York.

(3) Nothing in this section shall be construed to authorize any individual to provide professional services where certification is required under Part 80 of the Commissioner's regulations or where licensure is required under Title VIII of the Education Law.

(Source: http://www.counsel.nysed.gov/rules/indices-fulltext/2017/032)

## Addison Central School District School Counseling Program

- I. Program Objective: Effective Participation in Current and Future Educational Programs
  - A. Target Population: All students, grades K-5
  - B. Expected Outcomes :
    - i. Students will demonstrate an understanding of their current achievement, academic and social strengths, aptitudes, and talents appropriate to the grade level.

#### C. Evaluation Method(s):

i. Teacher and parent satisfaction with student understanding of his/her current achievement, academic, and social strengths, aptitudes, and talents.

Activities	Target Group or Sub Group	Staff Assigned	Additional Staff/Resources	Dates of Activity
All new entrants in grades K-5 are screened for academic, social- emotional, and socio-economic needs.	New entrants/newly enrolled students	Teachers, speech therapist, and other staff, including PPS staff, as deemed necessary	Staff as needed	September-June
Career Development Council (CDC) partners with the school for programming.	К-5	CDC Representative, Teachers	As needed	Ongoing
Teacher compiles data and analyzes	К-5	Instructional staff, RTI Coordinator,	Cumulative academic data,	October-June

student academic		Literacy	examples of	
progress.		Coordinator	student work, STAR	
			assessment data,	
			state assessment	
			data, Fountas and	
			Pinnell data	
Teacher compiles	К-5	Instructional staff,	Cumulative	October-June
data and analyzes		RTI Coordinator,	academic data,	
student academic		Literacy	examples of	
progress and		Coordinator	student work, STAR	
behavioral			assessment data,	
characteristics and			state assessment	
communicates with			data, Fountas and	
the parent, grade			Pinnell data	
level team and				
administration.				
RTI Process	К-5	Principal, School		Ongoing
		Counselors, School		
		Social Worker,		
		Instructional staff		
Committee on	K-5	Instructional staff,	As needed	Ongoing
Special Education		RTI Coordinator,		
(CSE) will process		Literacy		
referrals from the		Coordinator,		
RTI committee,		Committee on		
which may result in		Special Education,		
special program		School Psychologist		
placement.				

## Addison Central School District School Counseling Program

- I. Program Objective: Assistance for Behavioral or Academic Needs
  - A. Target Population: All students, grades K-5
  - B. Expected Outcomes: All students will:
    - i. Promote positive peer interactions
    - ii. Promote a positive self-image
    - iii. Accept responsibility for their behaviors
    - iv. Behave in a manner consistent with the Positive Behavior Intervention and Support (PBIS) framework
  - C. Evaluation Method(s):
    - i. Annotated records of teachers/staff
    - ii. Committee on Special Education Records where appropriate
    - iii. Analysis of school data and RTI framework

Activities	Target Group or	Staff Assigned	Additional	Dates of Activity
	Sub Group		Staff/Resources	
RTI referral process	K-5	RTI Coordinator	As needed	September-June
		and team, grade		
		level teachers,		
		Principal		
Individual	K-5	School Counselor,	Pupil personnel	September-June
counseling		School Social	services	
		Worker	professionals or	
			Mental Health	
			Services Provider,	
			when appropriate	
Group Counseling	K-5 identified	School Counselor,	Mental Health	September-June
	students	School Social	Services Provider,	
		Worker	when appropriate	

Individualized	K-5, identified	School Social	Mental Health	As noted in IEP
Education Plan (IEP)	students	Worker, School	Services Provider,	
counseling		Counselor	when appropriate	
(individual and				
group)				
Classroom school	K-5	School Counselor,		September-June
counseling/guidance		Instructional staff		
curriculum that				
addresses social-				
emotional				
development,				
academics, and				
college and career				
readiness				
Middle School	5	School Counselor,		May
transition program		Dean of Students		

## Addison Central School District School Counseling Program

- I. Program Objective: Programming for students in Grade 6
  - A. Target Population: Students in grade 6
  - B. Expected Outcomes:
    - i. Students will demonstrate awareness of school counseling services and educational requirements.
    - ii. Students will demonstrate an understanding of social and emotional wellbeing.
    - iii. Students will begin to explore career choices and gain an understanding of the connection between school and college and career readiness.
  - C. Evaluation Methods:
    - i. Classroom Lessons
    - ii. Career Exploration Programs-ex. NY Career Zone and Career Day (Career Development Center)

Activities	Time Allotted	Additional Staff/	Dates of Activity
		Resources	
Summer Orientation	2 hours	Grade level teachers	August
Classroom lessons	1x/month	Steuben Council on	September-June
regarding social and		Addictions, Career	
emotional well-being and		Development Council	
career exploration			
Individual social-	40 minutes/session	Mental Health	September-June
emotional, academic,		Services Provider, as	
college, and career		appropriate	
counseling			
Group counseling	40 minutes/session	Mental Health	As needed
		Services Provider, as	
		appropriate	
RTI referral process	2x/month	Grade level team,	October-June
		Dean of Students,	
		School Counselor	
Career Day	3 hours	Career Development	February
		Council	
Red Ribbon Week- Anti-	5 days	Steuben Council on	October
drug use campaign		Addictions	

Enrichment programming	3x/year	Enrichment team,	As noted on
that includes social-		Dean of Students,	school calendar
emotional learning		School Counselors	

- I. Program Objective: Programming for students in Grade 7
  - A. Target Population: Students in grade 7
  - B. Expected Outcomes:
    - i. Students will demonstrate awareness of school counseling services and educational requirements.
    - ii. Students will demonstrate an understanding of social and emotional wellbeing.
    - Students will demonstrate an understanding of their academic status, educational requirements, interests, abilities, values and possible career goals.
  - C. Evaluation Methods:
    - i. Classroom Lessons
    - ii. Individual academic goal sheets
    - iii. Individual student reviews
    - iv. Progress monitoring by School Counselor and student
    - v. Career Exploration Programs-ex. NY Career Zone and Career Day (Career Development Center) and Guidance Direct

Activities	Time Allotted	Additional Staff/Resources	Dates of Activity
Classroom lessons regarding social and emotional well-being and career exploration	1x/month	Steuben Council on Addictions, Career Development Council	September-June
Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	September-June
Group counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Red Ribbon Week- Anti- drug use campaign	5 days	Steuben Council on Addictions	October
Career Day	3 hours	Career Development Council	February

RTI referral process	2x/month	Grade level team,	October-June
		Dean of Students,	
		School Counselor	
College visitation	1 day	Participating college	March
		campus	
Enrichment programming	3x/year	Enrichment team,	As noted on
that includes social-		Dean of Students,	school calendar
emotional learning		School Counselors	

#### i. Program Objective: Programming for students in Grade 8

- A. Target Population: Students in grade 8
- B. Expected Outcomes:
  - i. Students will demonstrate an understanding of the fundamentals of career planning as it relates to the high school course selection process.
  - ii. Students will develop a 4-year high school plan with their school counselor.
  - iii. Students will demonstrate an understanding of high school requirements and high school transcripts.
- C. Evaluation Methods:
  - i. Classroom Lessons
  - ii. Individual student reviews
  - iii. Career Exploration Programs-ex. NY Career Zone and Career Day (Career Development Center) and Guidance Direct

Activities	Time Allotted	Additional	Dates of Activity
		Staff/Resources	
Classroom lessons regarding social and emotional well-being and career exploration	1x/month	Steuben Council on Addictions, Career Development Council	September-June
Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	September-June
Group counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Red Ribbon Week- Anti- drug use campaign	5 days	Steuben Council on Addictions	October
RTI referral process	2x/month	Grade level team, Dean of Students, School Counselor	October-June

Career Day	3 hours	Career Development Council	February
College Visitation Day	1 day	Participating college campus	March
Completion of 4-year high school plans	80 minutes	HS 4-Year Plan Course Catalog	March-April
Parent/Guardian High School Transition Night	2 hours		April
Enrichment programming that includes social- emotional learning	3x/year	Enrichment team, Dean of Students	As noted on school calendar

#### I. Program Objective: Programming for students in Grade 9

- A. Target Population: Students in grade 9
- B. Expected Outcomes:
  - i. Students will assess their own aptitudes, career activities and career preferences.
  - ii. Students will demonstrate an understanding of current academic status and educational requirements.
  - iii. Student will re-evaluate their high school 4-year plans and course selections.

#### C. Evaluation Methods:

- i. Classroom Lessons
- ii. Individual/small group student reviews
- iii. Career Exploration Programs-ex. NY Career Zone and Career Day (Career Development Center) and Guidance Direct

Activities	Time Allotted	Additional	Dates of Activity
		Staff/Resources	
Freshman Orientation	2 hours		August
RTI referral process	2x/month	Grade level team, Dean of Students, School Counselor	October-June
Re-evaluation of 4-year high school plans and course selections	40 minutes/student or small group	HS 4-Year Plan Course Catalog	Late fall and early spring
Discuss job shadowing, career panels, and internship opportunities available	40 minutes/student or small group	Career Development Council	September-May
Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Group Counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed

PSAT 8/9	120 minutes	College Board	Spring
Enrichment programming	3x/year	Enrichment team,	As noted on
that includes social-		Dean of Students,	school calendar
emotional learning		School Counselors	
College Exposure	Monthly	College	September-June
Programming (including		Representatives	
college campus			
visitations)			

- I. Program Objective: Programming for students in Grade 10
  - A. Target Population: Students in grade 10
  - B. Expected Outcomes:
    - i. Students will re-evaluate their high school 4-year plan and course selections.
    - ii. Students will continue to explore career options and begin to explore college and employment options.
    - iii. Students will demonstrate an understanding of current academic status and educational requirements.
  - C. Evaluation Methods:
    - i. Individual/small group review
    - ii. Career Development, Guidance Direct and other college and career resources

Activities	Time Allotted	Additional Staff/	Dates of Activity
		Resources	
Re-evaluate high school	40 minutes/student	High school 4-year	Late fall and early
4-year plan and course	or small group	plan	spring
selections		Course catalog	
RTI referral process	2x/month	Grade level team,	October-June
		Dean of Students,	
		School Counselors	
Sophomore Career Day	1 day	Career Development	Fall
		Council	
BOCES Vocational	1 day	Coopers BOCES	Spring
Exploration			
PreACT	4 hours	College Board	Spring
Review and evaluate at-	As needed	At-Risk Checklist	Ongoing
risk students' credits and			
graduation requirements			
(individual meetings)			
Enrichment programming	3x/year	Enrichment team,	As noted on
that includes social-		Dean of Students,	school calendar
emotional learning		School Counselors	

Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Group Counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
College Exposure Programming (including college campus visitations)	Monthly	College Representatives	September-June

- I. Program Objective: Programming for students in Grade 11
  - A. Target Population: Students in grade 11
  - B. Expected Outcomes:
    - i. Students will re-evaluate their high school 4-year plan and course selections.
    - ii. Students will continue to explore career options and college and employment options.
    - iii. Students will demonstrate an understanding of current academic status and educational requirements.
  - C. Evaluation Methods:
    - i. Individual/small group review
    - ii. Career Development, Guidance Direct and other college and career resources

Activities	Time Allotted	Additional	Dates of Activity
		Staff/Resources	
Re-evaluate high school	40 minutes/student	High school 4-year	Late fall and early
4-year plan and course	or small group	plan, course catalog	spring
selections			
Individual Junior Review	40 minutes/student	High school 4-year plan, high school transcript	Fall
College Fair	1 day		Fall
Class size meetings to discuss PSAT, SAT, ACT, ASVAB and college and career planning	40 minutes/class		Early Fall
RTI referral process	2x/month	Grade level team, Dean of Students, School Counselors	October-June
ASVAB Career Exploration Program	2 days (1 for administration, 1 for interpretation)	ASVAB Administrator	October
PSAT Administration	4 hours	College Board	October

PSAT Results Review	40 minutes/class		December
Financial Aid Night	2 hours	Corning Community College representative or other Financial Aid Expert	January
Review and evaluate at- risk students' credits and graduation requirements (individual meetings)	As needed	At-Risk Checklist	Ongoing
ACE Information Night	2 hours	Corning Community College	Fall
Enrichment programming that includes social- emotional learning	3x/year	Enrichment team, Dean of Students, School Counselors	As noted on school calendar
Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Group Counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
College Exposure Programming (including college campus visitations)	Monthly	College Representatives	September-June

- I. **Program Objective**: Programming for students in Grade 12
  - A. Target Population: Students in grade 12
  - B. Expected Outcomes:
    - i. Students will re-evaluate their high school 4-year plan and course selections.
    - ii. Students will make decisions regarding career and college opportunities.
    - iii. Students will demonstrate an understanding of current academic status and educational requirements.
  - C. Evaluation Methods:
    - i. Individual and/or small group review
    - ii. Career Development, Guidance Direct, and other college and career resources
    - iii. Senior Interviews

Activities	Time Allotted	Additional Staff/	Dates of Activity
		Resources	
Re-evaluate high school	40 minutes/student	High school 4-year	Late Fall and early
4-year plan and course selections	or small group	plan, course catalog	spring
Individual Senior Interviews	40 minutes/student	High school 4-year plan, high school transcript	Fall
College Fair	1 day		Fall
ACE Information Night	2 hours	Corning Community College	Fall
Financial Aid Night	2 hours	Corning Community College or other Financial Aid expert	January
Mad City Money	3 hours	Corning Credit Union and Career Development Council	Spring
Review and evaluate at- risk students' credits and graduation requirements (individual meetings)	As needed	At-Risk Checklist	Ongoing

RTI referral process	2x/month	Grade level team, Dean of Students, School Counselors	October-June
Enrichment programming that includes social- emotional learning	3x/year	Enrichment team, Dean of Students	As noted on school calendar
Individual social- emotional, academic, college, and career counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
Group Counseling	40 minutes/session	Mental Health Services Provider, as appropriate	As needed
College Exposure Programming (including college campus visitations)	Monthly	College Representatives	September-June