



## Hey, have you heard? Shopping is easier with eWIC!

WIC benefits are now given on an eWIC card. The card is used just like a debit card at WIC-approved stores. Shop for your WIC foods and pay by swiping your eWIC card.

It's that easy!

For help with WIC, contact your local WIC Help Specialist today. WIC Help Specialists tell you if you may be eligible for WIC, and help you set up and prepare for your first appointment at a WIC clinic near you. It is free and confidential.



 The new  
eWIC card!

**Pro Action of Steuben and Yates, Inc.**

**CALL or TEXT: 607-377-4313**

**EMAIL: [Dowdlea@proactioninc.org](mailto:Dowdlea@proactioninc.org)**

*Serving Steuben and Yates counties*

Prepared by a project of Hunger Solutions New York; funded by NYSDOH and USDA/FNS.  
This institution is an equal opportunity provider.

If you or someone you know has been affected financially by COVID-19, WIC may be able to help. WIC (The Special Supplemental Nutrition Program for Women, Infants, and Children) provides pregnant women, new and breastfeeding moms, and children under age 5 with healthy food, breastfeeding support, nutrition advice, and referrals to other services.

Steuben and Yates County residents are encouraged to reach out to our WIC Help Specialist, Amanda, either by text/call: (607)-377-4313 or via email at: DowdleA@proactioninc.org for more information or to find out if they may be eligible.

Visit our website: [www.proactioninc.org](http://www.proactioninc.org) for more on all programs and services at [ProAction of Steuben and Yates, Inc.](http://ProAction of Steuben and Yates, Inc.)

### FEDERAL WIC INCOME ELIGIBILITY GUIDELINES

Effective through June 30, 2020

Household Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$23,107	\$1,926	\$963	\$889	\$445
2	31,284	2,607	1,304	1,204	602
3	39,461	3,289	1,645	1,518	759
4	47,638	3,970	1,985	1,833	917
5	55,815	4,652	2,326	2,147	1,074
6	63,992	5,333	2,667	2,462	1,231
7	72,169	6,015	3,008	2,776	1,388
8	80,346	6,696	3,348	3,091	1,546
For each additional member, add:	+\$8,177	+\$682	+\$341	+\$315	+\$158

*Regardless of the above-stated income guidelines, if an applicant can prove eligibility for Medicaid, SNAP (EBT) or TANF, the applicant is considered income-eligible for WIC.*

To learn more about the WIC program, or find out if you may be eligible, contact your WIC Help Specialist today:

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**Call or text: [607-377-4313](tel:607-377-4313) for more info!**