Addison Central School District BMI

BMI “Opt Out

As part of a required school health examination, a student is weighed, and his/her height is measured. These numbers are used to figure out the students’ body mass index or BMI. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the students’ school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State department of health information about students’ weight status groups. Only summary information is sent, no names or information about individual students are sent. However, you may choose to have your child’s information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child’s weight status group information included as part of the Health Departments survey this year, please print, and sign your name below and return this form to the school nurse by November 1st.

Please do not include by child’s weight status information in the school survey.

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Print Childs Name Date

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Print Parent/Guardian’s Name Parent/Guardian’s Signature