Addison Middle- High School

CONCUSSION INJURY MANAGEMENT

Athlete suffers a concussion during practice or game.

Athlete immediately removed from practice and or competition by COACH

There will be NO same day return to play.

- Athlete will be held from all practice and games for at least 24 hours.
- Athlete must be taken by parent/guardian to see a physician within 48 hours of injury.

A. Physician keeps athlete out for designated period of time

B. Physician releases athlete

Athletes will check DAILY with the school nurse and complete a daily symptom score.

Once physician releases athlete, standard procedure under column B is followed.

If a student-athlete has persistent symptoms lasting greater than 14 days, the athletes will then check in weekly with the school nurse who will take a symptom checklist and assess the student-athlete as to how it is going with classes and school work. Note: At any time an athlete becomes asymptomatic he/she will then resume the normal return to play protocol unless a decision has been reached otherwise. Athletes will ALSO check with his/her own physician who will review the symptom checklist and facilitate any further testing, i.e. neurology consultations and school work accommodations if needed.

If athlete scores “0” on daily symptom score, IMPACT post-injury test is given. IMPACT scores will be evaluated by the Addison CSD physician.

If the district physician determines IMPACT re-test is below baseline, athlete goes back to completing daily symptom Scores (further reassessment may be required by district physician)

If the district physician determines IMPACT re-test is back to baseline, athlete will be cleared to begin stages of returning to sport. (Day1/No Activity stage)