

## **RESOURCES FOR FAMILIES**

We understand that this is a stressful time for families. Here are some resources that we hope you find helpful during this time.

### **COMMUNITY RESOURCES:**

- 211 Helpline- [www.211helpline.org](http://www.211helpline.org)
- Call 2-1-1 from your phone to talk to a person who can help with services such as food and meals, financial assistance, housing, mental health services, transportation, and health services.
  
- Addison Food Pantry – (607) 359-2555  
13 Community Drive Suite 103, Addison, NY  
For more information, visit [www.foodbankst.org](http://www.foodbankst.org)

### **INTERNET/PHONE RESOURCES:**

- Many wireless carriers are waiving overage and data caps for customers. Please reach out to your provider to see if you qualify.
- Spectrum is offering free broadband and Wi-Fi internet access to students impacted by the coronavirus shutdown. Beginning March 16th, Spectrum will make services available for free for 60 days to households with K-12 and/or college students who already don't have internet through the company. To enroll in the program, call 1-844-488-8395. Installation fees will be waived for new student households.

### **IMPORTANT NOTES:**

- Please check your email and social media regularly for updates and information coming from teachers, school counselors, and the district.
- During this time, it's important for everyone to practice self-care. Fresh air and sunshine are valuable resources and we encourage students to get outside daily.
- Supporting each other with kindness and encouragement through our interactions with one another is also important. This is a stressful time for everyone. Practice kindness and encourage this daily with your student.

### **CONTACTING YOUR SCHOOL'S STUDENT SUPPORT TEAM:**

Please contact your school's support team with any questions or concerns you may have in regard to your child. If staff are in the building, then they are likely to answer via phone call. In the event that staff are not in the building, email communication is preferred. Please leave a voicemail with your name, number, and email address.

Mrs. Georgia Weed, Principal – (607) 359-1216- [gweed@addisoncsd.org](mailto:gweed@addisoncsd.org)

Ms. Alisha Jack, Dean of Students – (607) 359-1215- [ajack@addisoncsd.org](mailto:ajack@addisoncsd.org)

Mr. James Marks, School Counselor- (607) 359- 1109 – [jtmarks@addisoncsd.org](mailto:jtmarks@addisoncsd.org)

Mrs. Ashley Christie, LMSW, School-Based Mental Health Worker- (607) 359-1128-  
[achristie@addisoncsd.org](mailto:achristie@addisoncsd.org)

Ms. Gillian Brown, LMSW, School Social Worker- (607) 359-1226 [gibrown@addisoncsd.org](mailto:gibrown@addisoncsd.org)

Mrs. Mary Towsley, Student Support Services- (607) 359-1232- [mtowsley@addisoncsd.org](mailto:mtowsley@addisoncsd.org)

Student safety and well-being are our main concern. Please reach out by email for any non-emergency situations, questions, or to check in to let us know how you are doing.